

# Explore Public Health

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www.ExplorePublicHealth.com • ExplorePublicHealth@gmail.com

Dear Potential Supporter,

Thank you for your interest in the Explore Public Health program. As you know, increasing the diversity of our public health workforce is essential to our efforts in eliminating racial/ethnic health disparities. With the support of the Regional Institute for Health and Environmental Leadership (RIHEL) and the Colorado Public Health Association (CPHA), I am very excited to launch the Explore Public Health program which is designed to encourage people of color ages 18-25 to pursue a career in public health.

Explore Public Health will provide participants with a unique opportunity to learn about a variety of public health topics and network with a diverse group of public health professionals. Through this four month program, students will further their understanding of potential degree programs and careers in public health while developing their leadership and critical thinking skills.

I would like to invite you to be an integral part of launching the Explore Public Health program and of the greater effort towards achieving health equity. This program will only be possible with the support of potential presenters, mentors, and financial donors. Below is a list of various ways in which you can support the Explore Public Health program.

Please know how much I appreciate your consideration.

Sincerely,  
Suzy Shimasaki

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## Supporter Form

### ***In which of the following ways would you like to support the Explore Public Health program?***

- I would like to present on the following topic(s): \_\_\_\_\_ and am available on the following dates (please circle all that apply): 2/11, 3/10, 4/14, 5/12
- I would like to be a mentor to one/two (please circle) Explore Public Health participant(s)
- I would like to make a monetary donation of \$ \_\_\_\_\_

Please mail checks made payable to "CPHA" with "Explore Public Health" written in the notes section to:

The Partnership for Families & Children  
Attn: Suzy Shimasaki  
450 Lincoln St., Suite 100  
Denver, CO 80203

\* All supporters will be recognized on the Explore Public Health website

## Additional Information for Supporters

Explore Public Health is in need of the following types of support:

### 1) Presenters

Between February and May, participants of Explore Public Health will convene on the second Saturday of each month from 9 am to 4 pm. Presenters will have two to six hours with the students, depending on the content and number of topics one would like to present. Potential topics for these sessions include, but are not limited to:

- Communication
- Cultural Competency
- Environmental Health
- Evaluation
- Leadership
- Public Health 101
- Public Health Degree Programs, Scholarships, and Loan Repayment Resources
- Racial/Ethnic Health Disparities
- Social Determinants of Health
- Systems Thinking

### 2) Mentors

Participants of Explore Public Health will have the opportunity to work with an individual mentor during the course of the program. Mentors will be asked to commit to the following:

- Review brief mentorship packet provided by Explore Public Health
- Meet with the mentee(s) each month between February and May for one hour with one session being an opportunity for the mentee to shadow the mentor
- Share with mentee experiences of being a person of color in the field of public health

### 3) Monetary Donors

Participants will be asked to pay \$20 as tuition to participate in Explore Public Health. However, scholarships will be provided to individuals who are unable to afford this cost. Expenses such as food and materials are expected to cost approximately \$75 per person. Any monetary donation will be greatly appreciated and is tax-deductible.